



IEMTA Survey 2020

ASTEM Survey Responses – Processed

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Demographics

| | |
|--------|-----|
| Year 1 | 27% |
| Year 2 | 23% |
| Year 3 | 30% |
| Year 4 | 14% |
| Year 5 | 7% |

| | |
|-------|-----|
| Age | |
| 25-29 | 14% |
| 30-34 | 55% |
| 35-40 | 25% |
| >40 | 7% |

How many attempts to get on ASTEM

| | |
|---------------------------|-----|
| Once-Straight off CSTEM | 70% |
| Once off scheme | 16% |
| Twice - formerly on CSTEM | 9% |
| Three times - off scheme | 2% |
| Four or more times | 2% |

How many times are you expected to move home during ASTEM?

| | |
|--------------------|-----|
| Once | 11% |
| Twice | 25% |
| Three Times | 20% |
| Four Times | 18% |
| Five or More times | 25% |

Were you accommodated in training site selection and allocation to help optimize your personal and professional goals?

| | |
|--------------|-----|
| Yes | 52% |
| Somewhat | 36% |
| I didn't ask | 2% |
| No | 9% |

Were you living separately from your partner and/or family during training?

Tick all that apply.

| | |
|---|-----|
| Yes, my partner and family were unable to move with me | 73% |
| No, my partner/family were able to move with me | 18% |
| No I commuted from a single dwelling | 5% |
| No, I commuted from a single dwelling and had a rented room when needed | 5% |
| No I am single | 5% |

If you answered yes for above question, please tick all reasons that prevented you from moving with your partner/family. Tick all that apply

| | |
|----------------------------------|-----|
| My partner's job is not mobile | 89% |
| Creche/School Availability | 11% |
| Lack of family supports if moved | 20% |
| Partner is NCHD also | 6% |
| I have a mortgage | 29% |

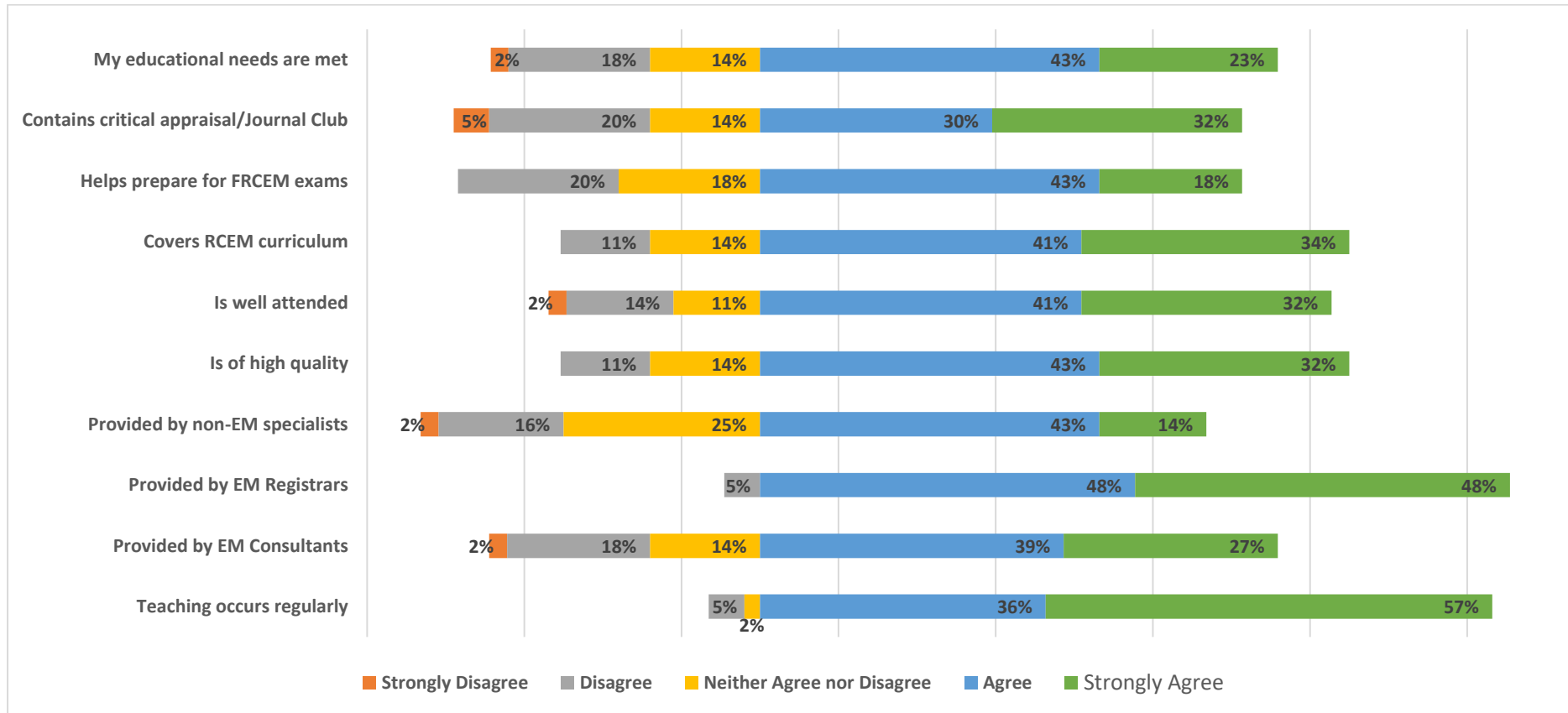
Has the nature of the training (multiple sites, non sociable hours) prevented you from progressing with personal goals? Tick all that apply.

| | |
|---|-----|
| Buying a house | 50% |
| Relationships | 39% |
| Starting/Extending family | 50% |
| Extra-curricular activities/competitive sport | 5% |
| Social commitments/community connection | 5% |
| Prefer not to say | 2% |
| No | 2% |

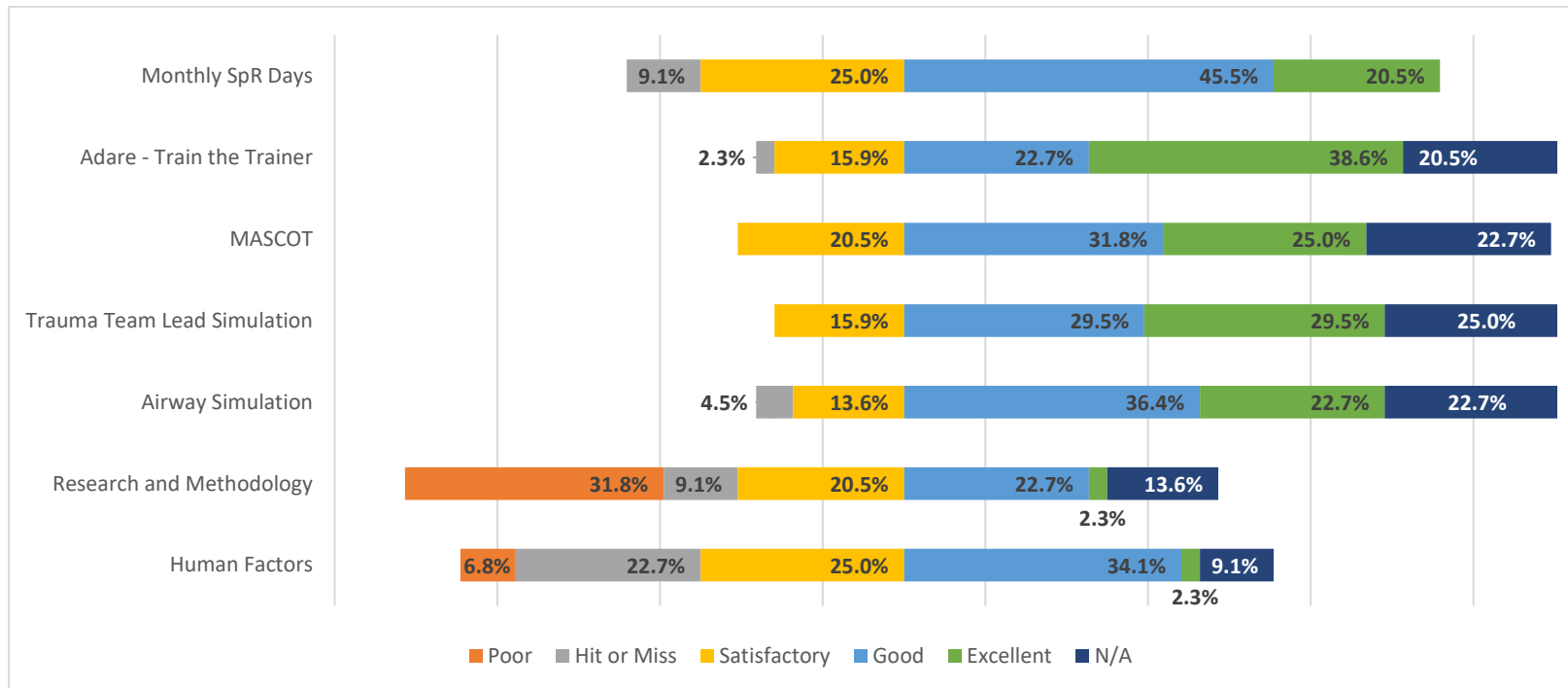
Mentorship

| | |
|-----|--|
| 66% | Mentor assigned in every post and we have met |
| 18% | Mentor only through ASTEM Mentorship Programme |
| 14% | Do not have a mentor assigned via any means |
| 2% | Mentor assigned for all but one post |

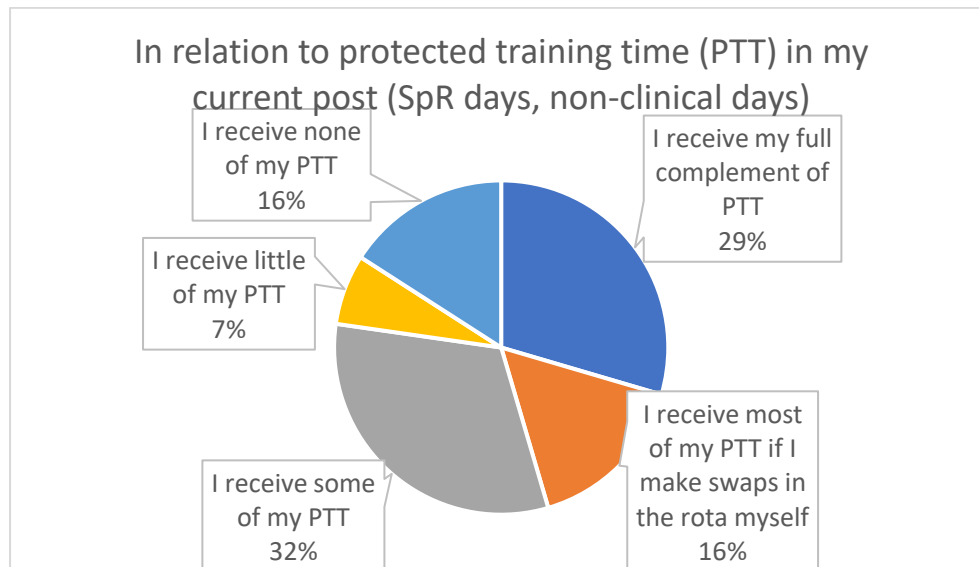
Departmental Teaching



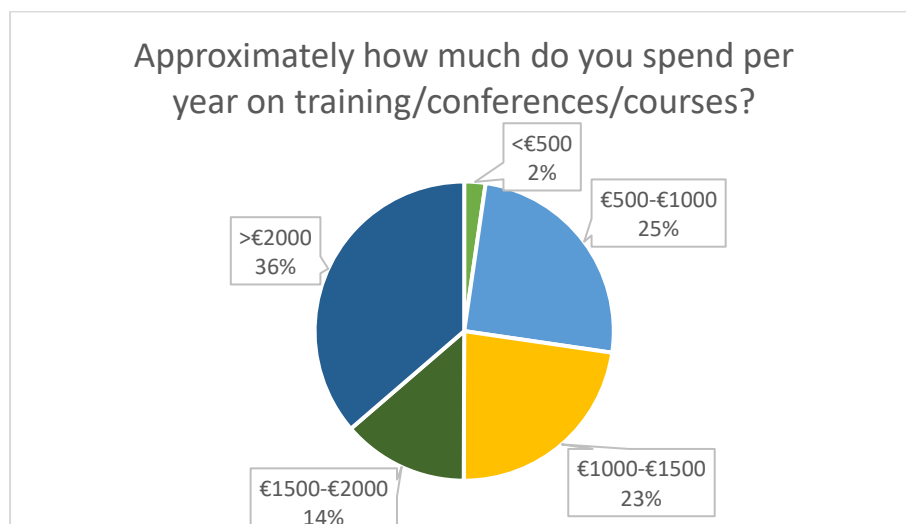
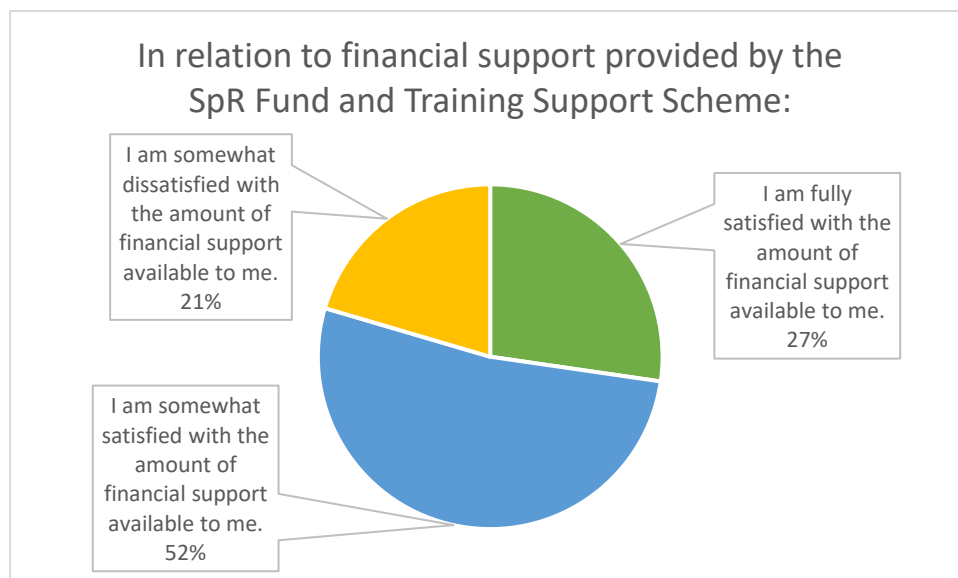
ASTEM Training Days



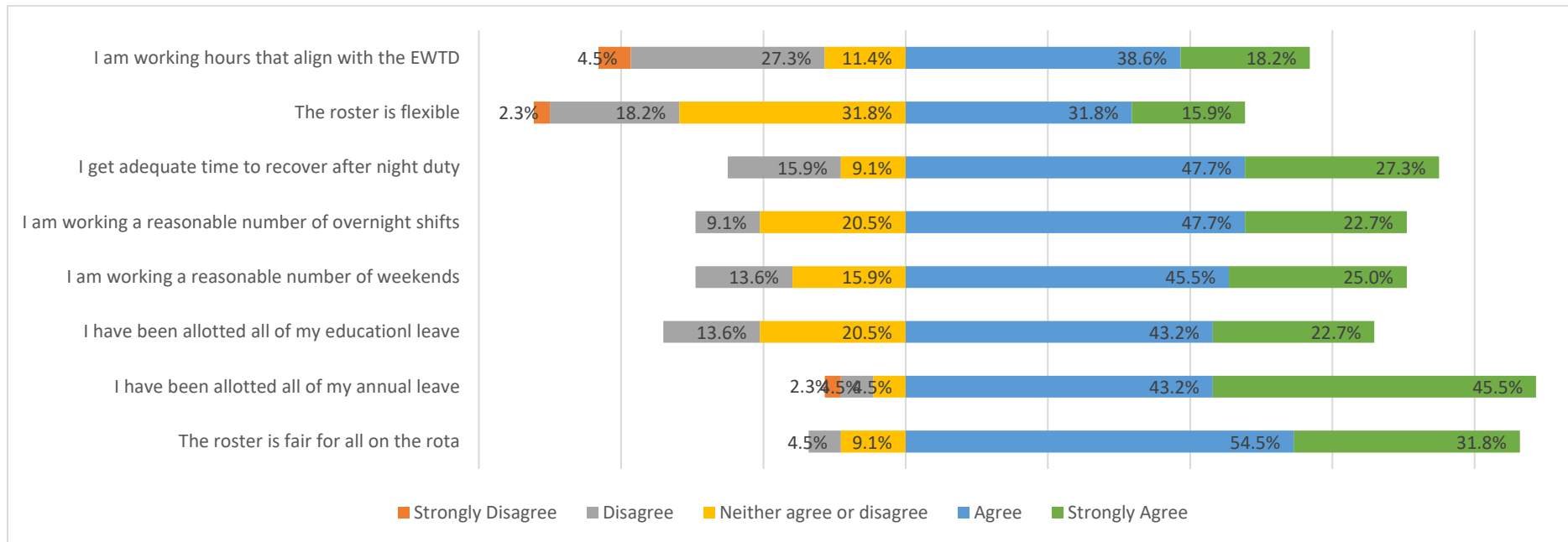
Protected Training Time



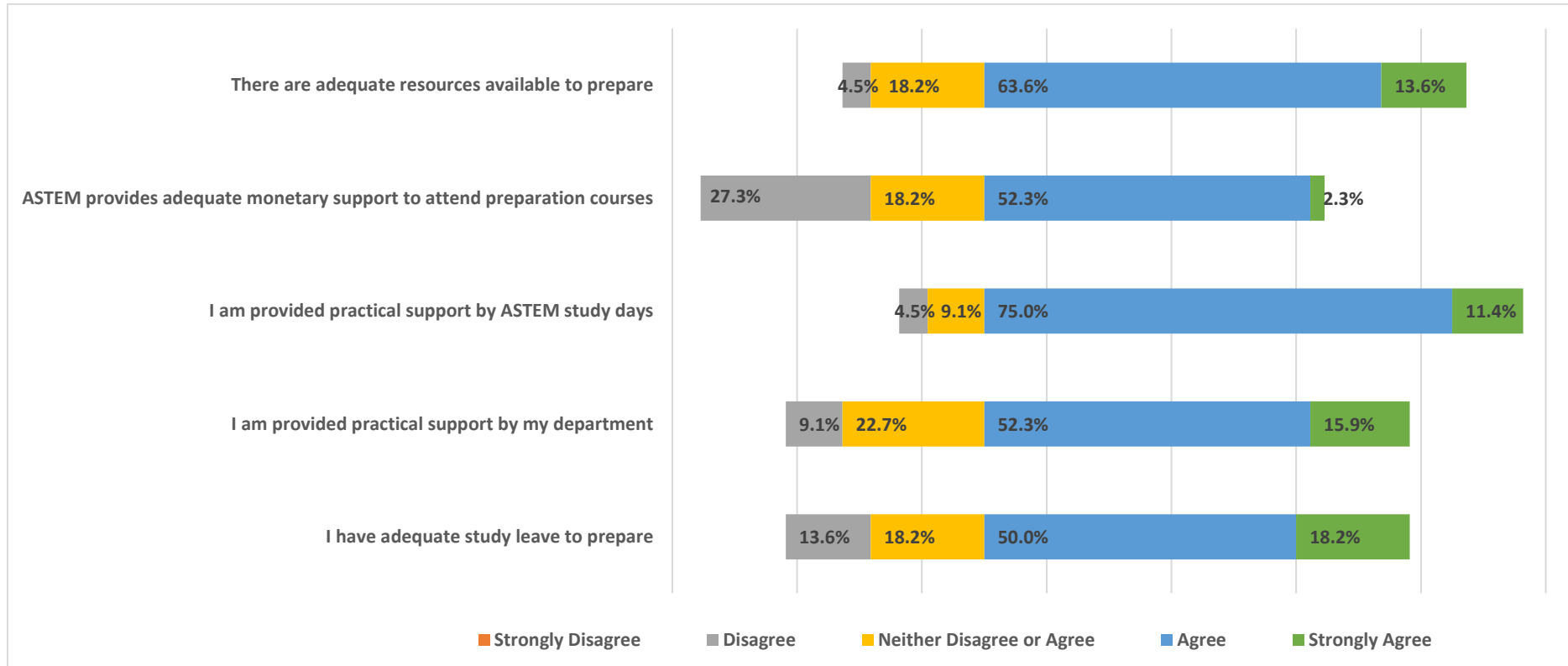
Expenses



Rostering



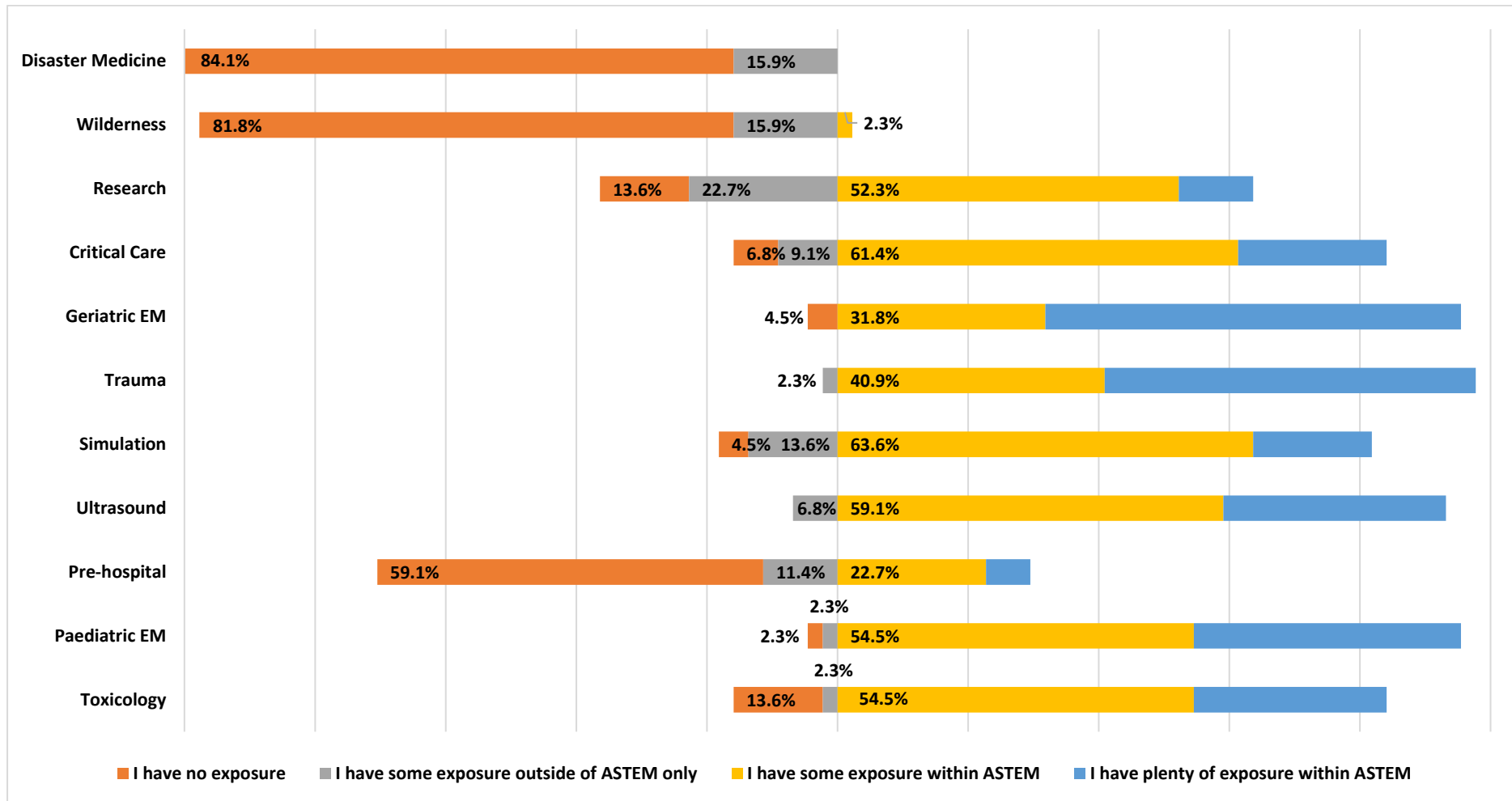
Exams



Overall, the training / support I gained from my current post: (X/5)

| | |
|--------|------|
| Mean | 3.95 |
| Median | 4 |
| Mode | 4 |

Subspecialties



Future Career Objectives

Fellowships (Tick all that apply)

| | |
|---|-------|
| I plan on completing a Fellowship in Ireland | 38.6% |
| I plan on completing a Fellowship outside of Ireland | 45.5% |
| I do not believe there are enough Fellowship options in Ireland | 40.9% |
| I am unaware of my Fellowship options in Ireland | 20.5% |
| I do not believe I will gain from a Fellowship in Ireland | 15.9% |
| I do not plan on completing a Fellowship | 2.3% |
| I have not given this much thought | 6.8% |

How likely are you to recommend ASTEM to a colleague considering a career in Emergency Medicine? (X/5)

| | |
|--------|------|
| Mean | 3.93 |
| Median | 4 |
| Mode | 4 |

After completion of ASTEM, I plan/hope to:

| | |
|---|-------|
| Take up consultancy post in Ireland | 86.4% |
| Take up a consultancy post outside the Ireland/UK | 6.8% |
| Do a fellowship | 2.3% |
| Leave clinical Emergency Medicine for other medical specialty | 2.3% |
| Leave Medicine altogether | 2.3% |

In relation to public vs private consultancy work

| | |
|--|-------|
| I hope to stay working for the HSE - fully public | 40.9% |
| I hope to stay working for the HSE if Consultant salaries/packages improve | 36.4% |
| I hope to have a mixed practice of public and private | 13.6% |
| I hope to leave the HSE and find private work | 0.0% |
| I prefer not to say | 9.1% |

If considering leaving the HSE/public sector, reasons include (Tick all that apply)

| | |
|---|-------|
| Consultant Contracts - Salary, terms and conditions | 47.7% |
| Availability of consultant posts in areas where I want to work/live | 54.5% |
| Availability of consultant post in general | 36.4% |
| Better contract packages available elsewhere | 36.4% |
| Personal reasons | 9.1% |
| Poor working environment/conditions | 47.7% |
| The HSE | 20.5% |
| Not applicable - will remain working in public sector regardless | 31.8% |

Further comments on ASTEM Experience

“New focus on wellbeing is impressive”

“Because career progression is virtually halted when working in a stand-alone registrar post, we are chronically understaffed in middle grades in every department I have worked in. This also leads to high turnover and a largely inexperienced medical staff, as eventually all of these doctors either leave the country or change specialties. Those training often do not get non-clinical days to complete research/audits/QIPs/management duties (such as rotas). This hinders our learning but also leads to a lot of work being done on our days off, leading to exhaustion and burnout. I have had zero NCDs this year. The only reason I've made headway on projects is because I use my AL to do so, and made use of my 2-week Covid isolation leave.”

“In general my experience with ASTEM is highly positive. My current post is poor which is why a lot of my responses are negative.”

“Training could improve at individual sites. Mostly consultant dependent.”

Suggestions as to how IEMTA can help improve training

“Links on the website to useful/suggested courses that are running would be helpful!”

“Ensuring trainees get Non clinical days across departments in addition to AL and SL”

“Less house moving”

“A trainee log or checklist of all available courses we should / could attend during ASTEM. I'm keeping a personal log of all teaching I attend but I'm always worried that there are non compulsory courses I should be going to but just haven't heard about!”