



IEMTA Survey 2020

Wellness & Wellbeing Survey Responses – Processed

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Response Rate & Demographics

Response Rate

See table below of breakdown of response rates. The number of non-scheme trainees in Emergency Medicine is estimated to be approximately 100. Response rates for CSTEM and ASTEM Trainees were calculated based on figures obtained from IAEM/NEMTP (accurate on 17th November 2020).

| Stage | No of responses | Response Rate |
|-------------------------------|-----------------|-----------------|
| CSTEM 1 | 13 | 50% |
| CSTEM 2 | 12 | 26% |
| CSTEM 3 | 20 | 77% |
| CSTEM (Total) | 45 | 58% |
| | | |
| ASTEM 1 | 12 | 85% |
| ASTEM 2 | 10 | 71% |
| ASTEM 3 | 13 | 100% |
| ASTEM 4 | 6 | 46% |
| ASTEM 5 | 3 | 33% |
| ASTEM (Total) | 44 | 70% |
| | | |
| Intern (Non-Scheme) | 2 | |
| SHO (Non-Scheme) | 33 | |
| Registrar (Non-Scheme) | 17 | |
| Senior Registrar (Non-Scheme) | 4 | |
| Associate Specialist | 3 | |
| Non-Scheme (Total) | 59 | 59% (estimated) |

Table 1. Number of responses and % response rate by grade and training

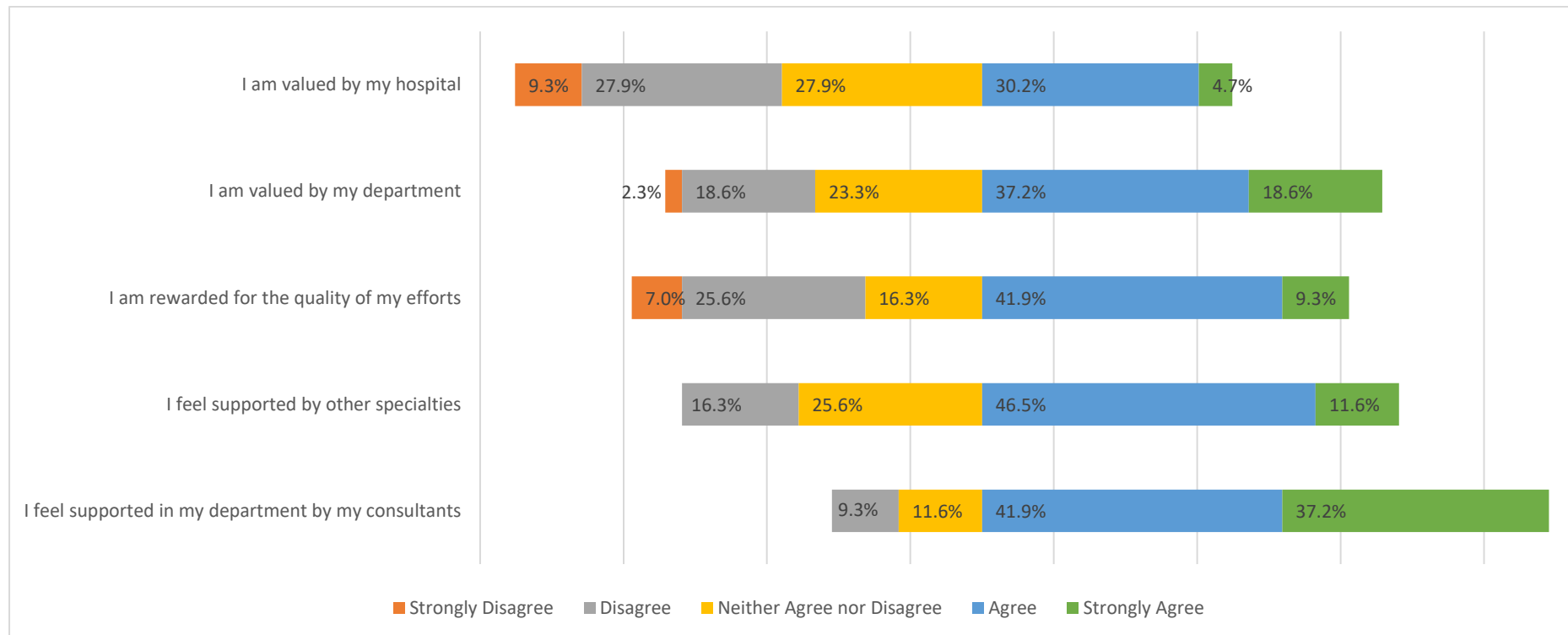
Demographics

Perceptions of current post

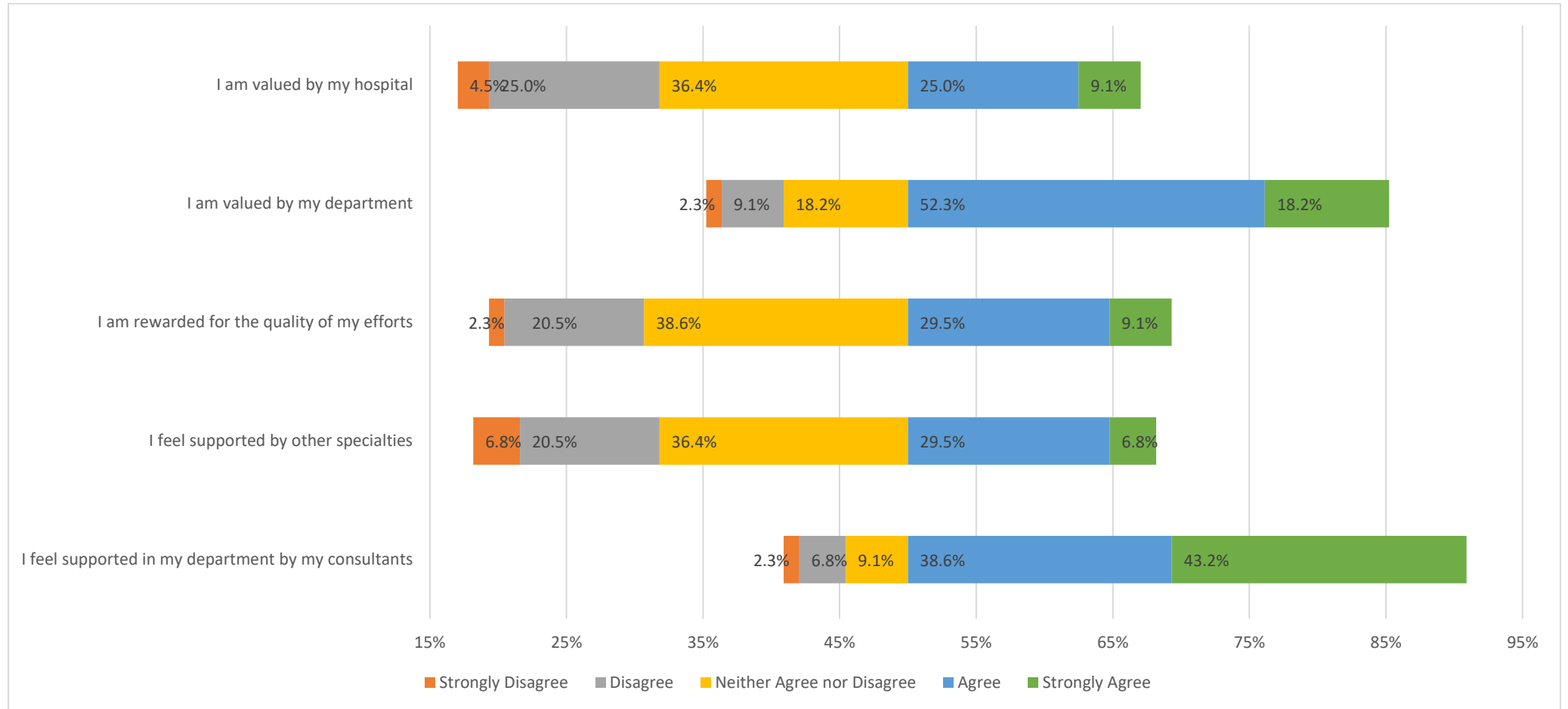
In relation to your current post, how strongly do you agree or disagree with the following statements?
Disagree, 5 = Strongly Agree

1 = Strongly

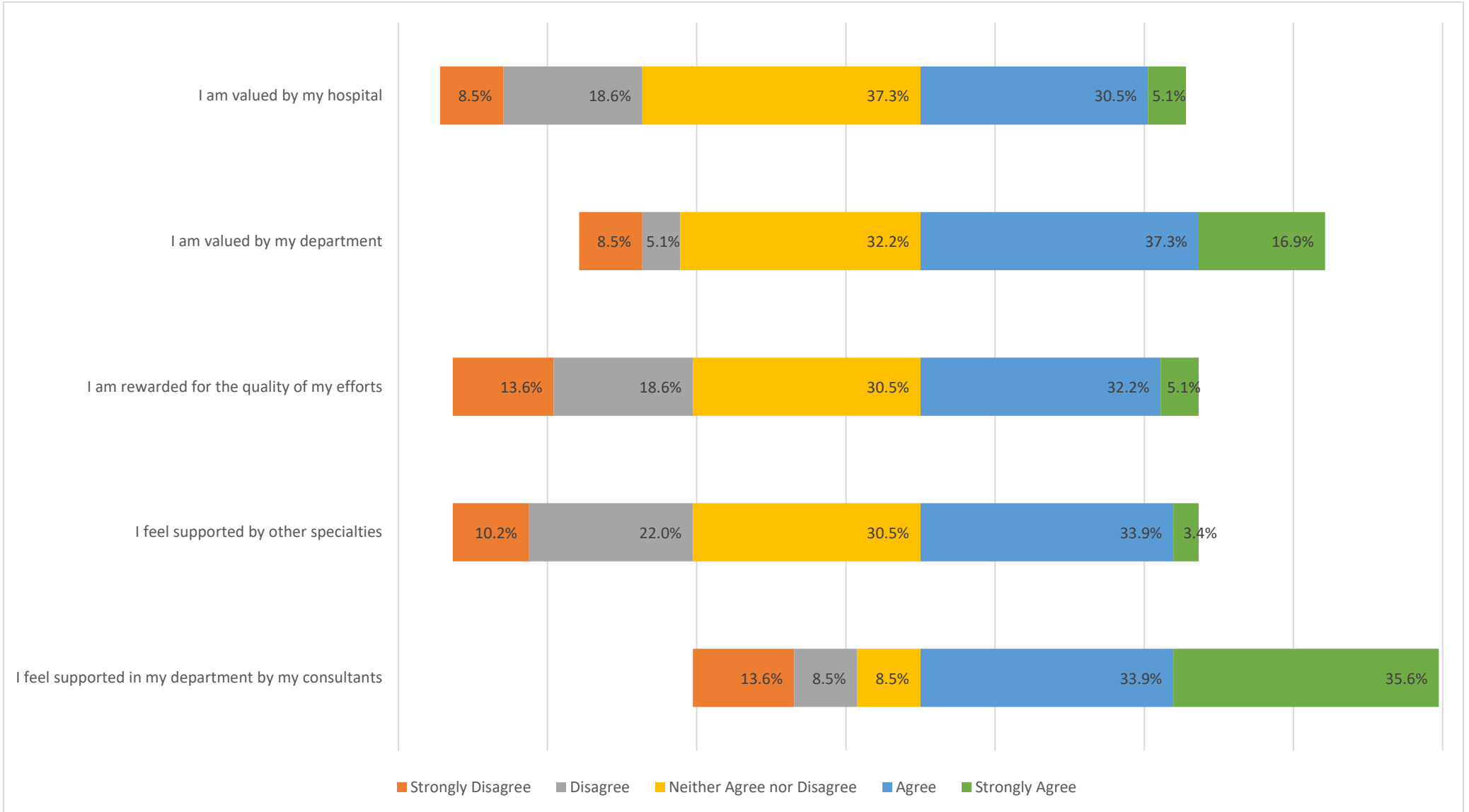
CSTEM



ASTEM



Non-Scheme Trainees

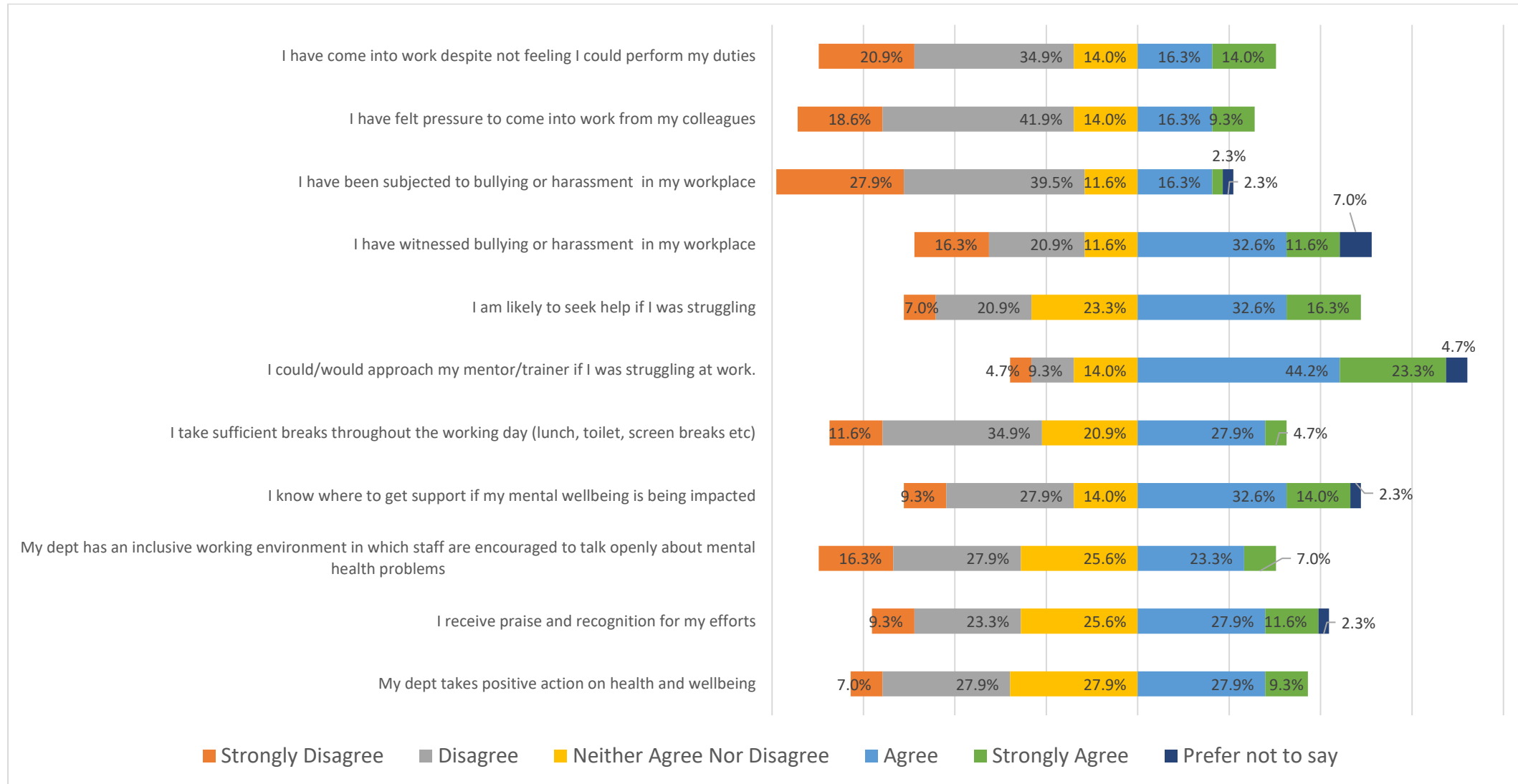


Wellbeing in the workplace

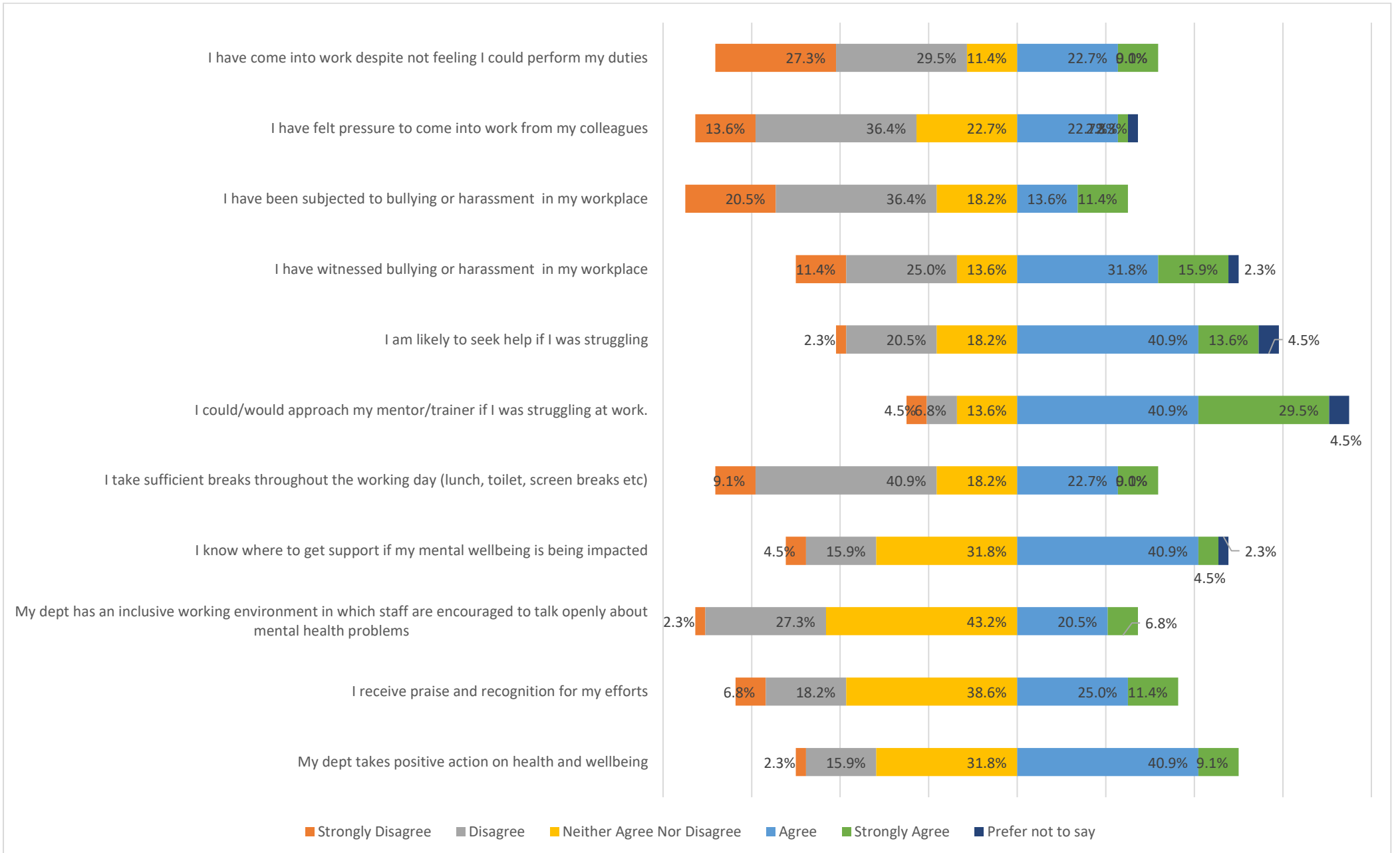
In relation to trainee wellbeing in your current post, please rate how strongly do you agree with the following statements -

1 = Strongly Disagree, 5= Strongly Agree

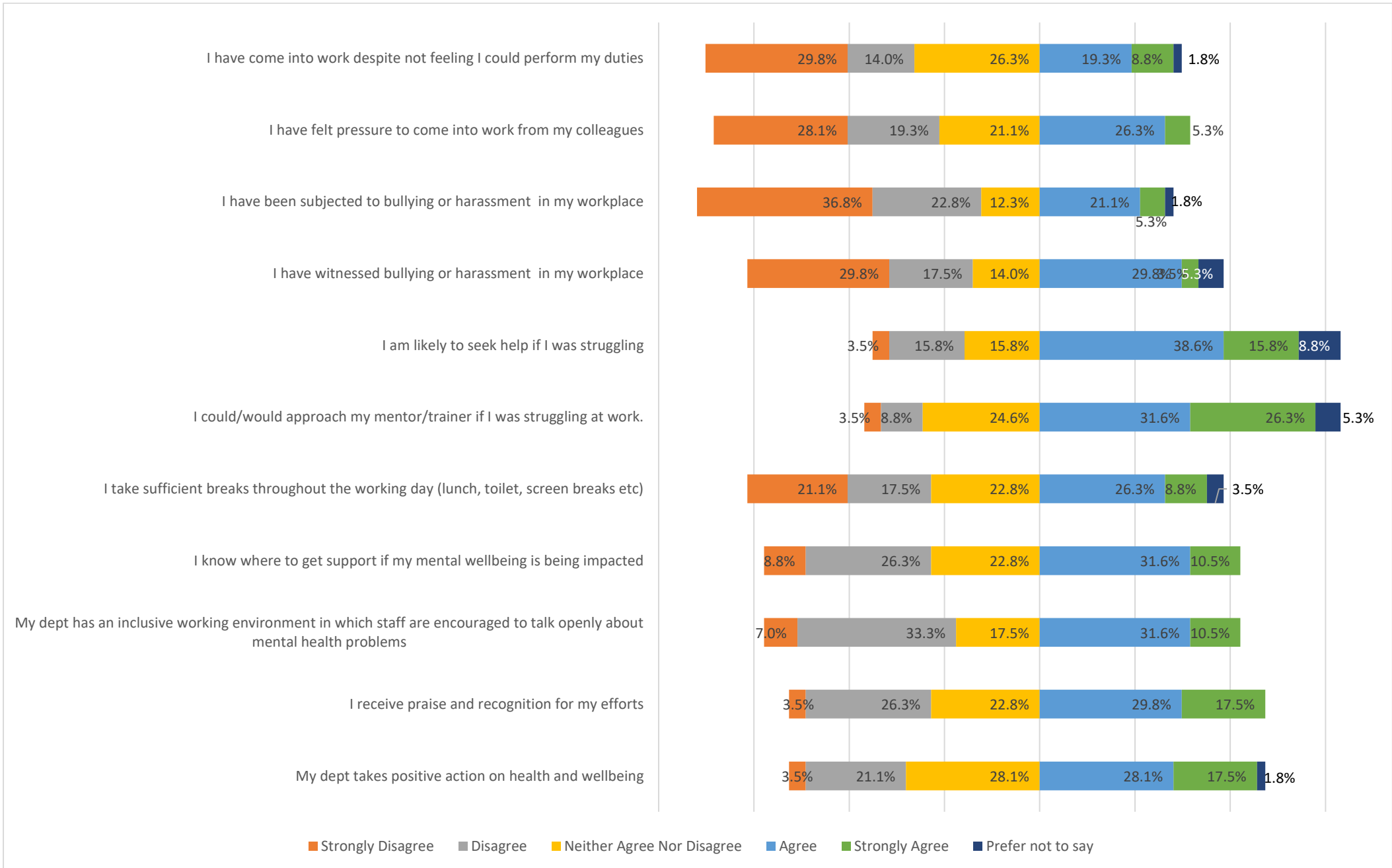
CSTEM



ASTEM



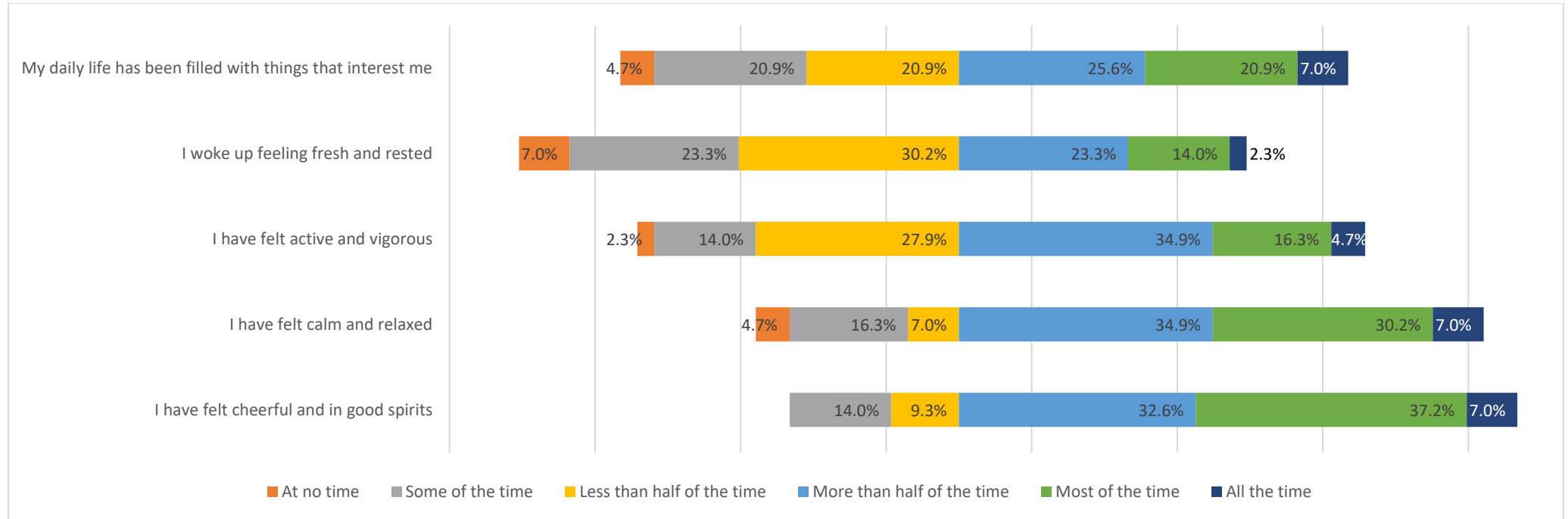
Non-Scheme Trainee



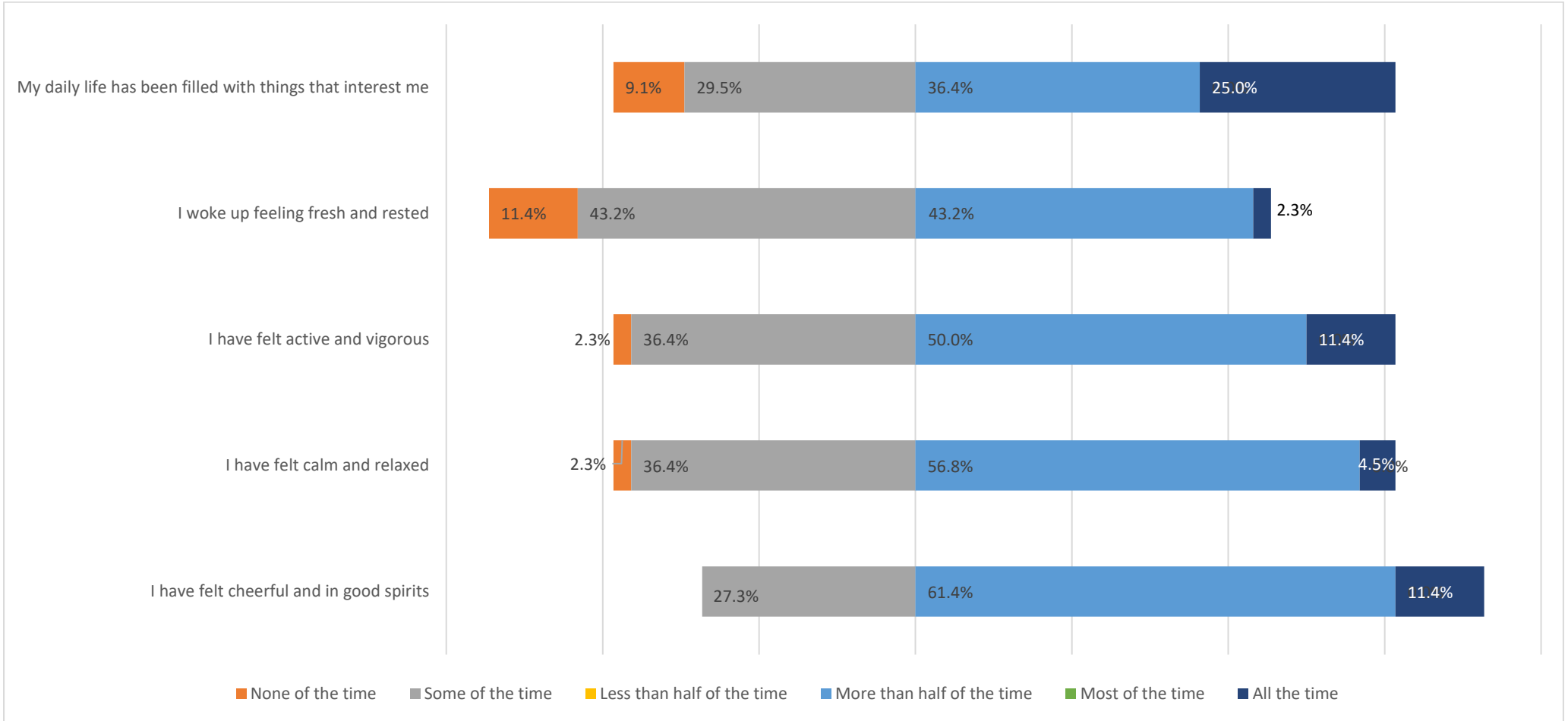
Burnout

Over the last 2 weeks...

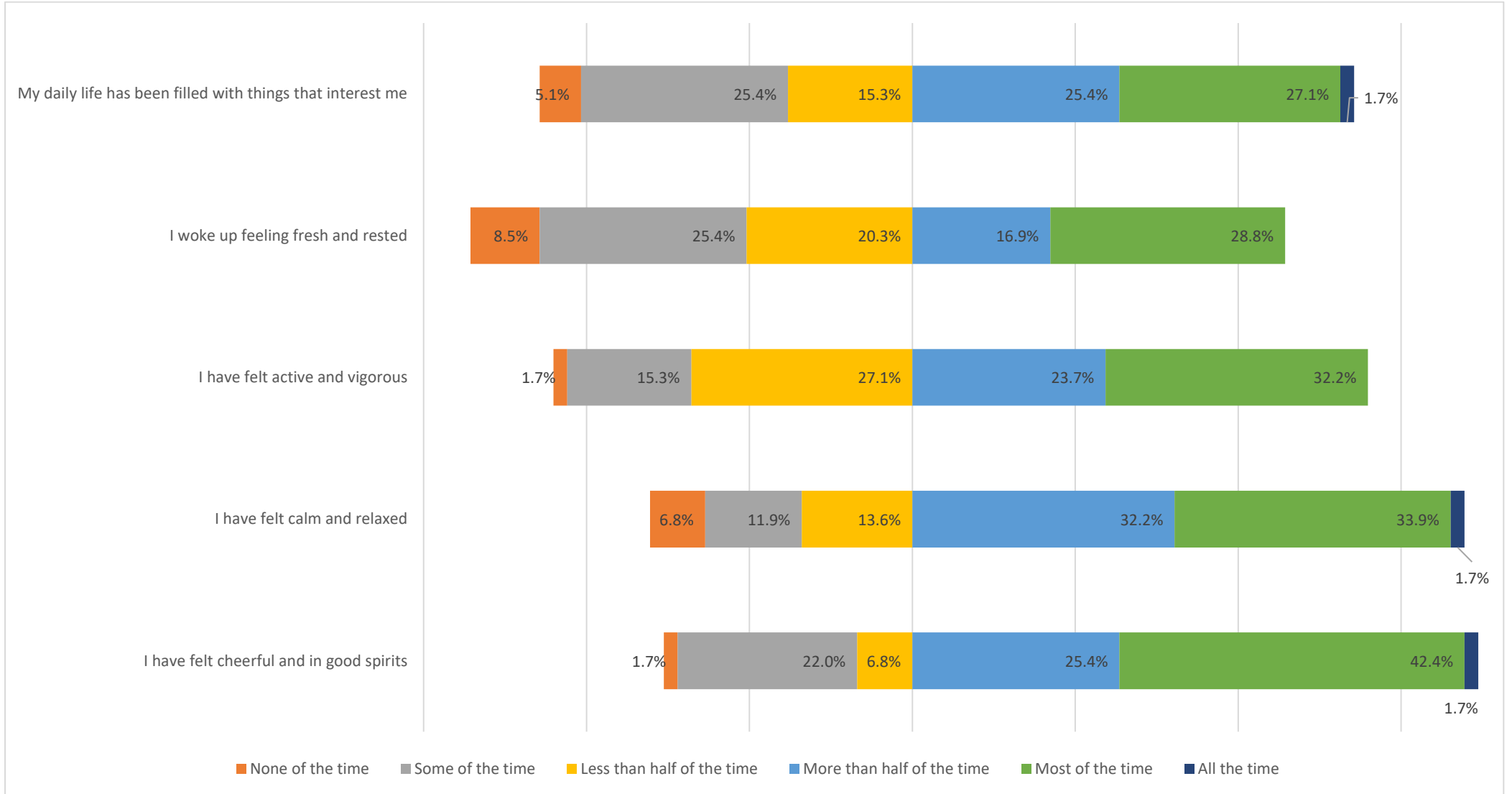
CSTEM



ASTEM



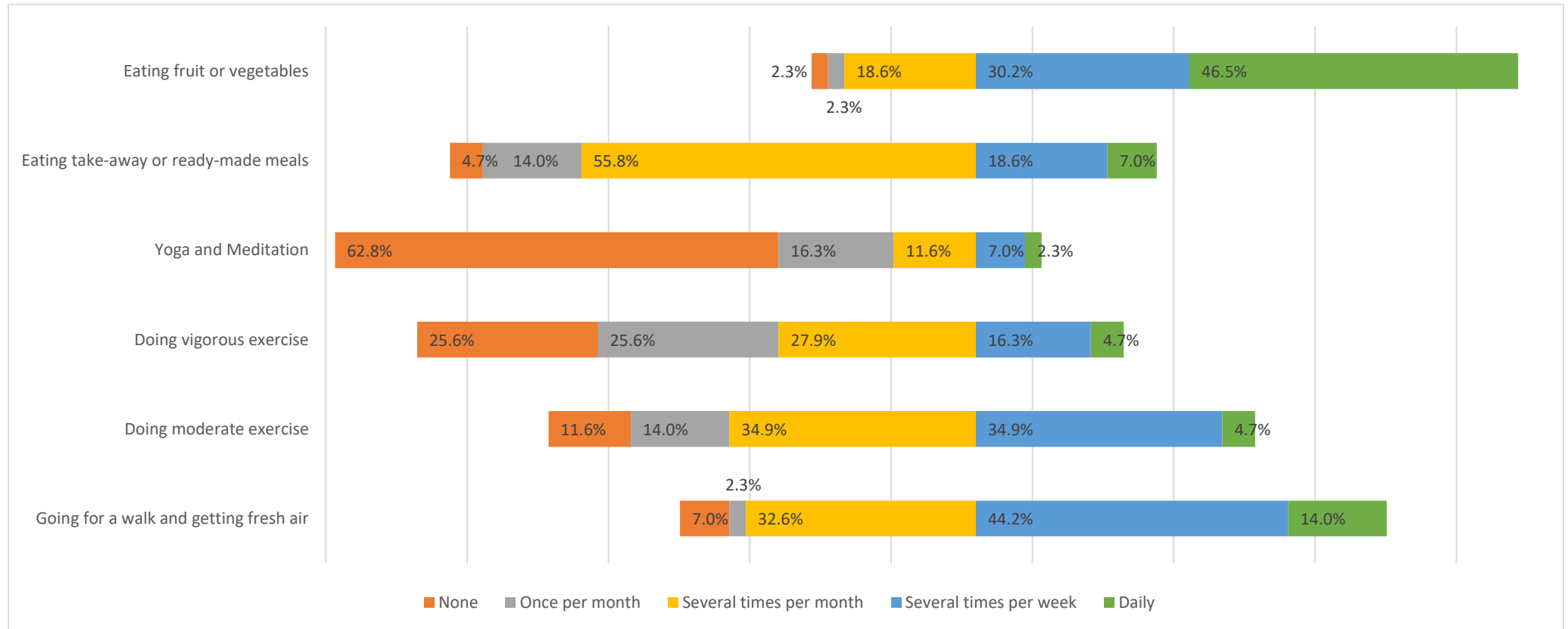
Non-Scheme Trainees



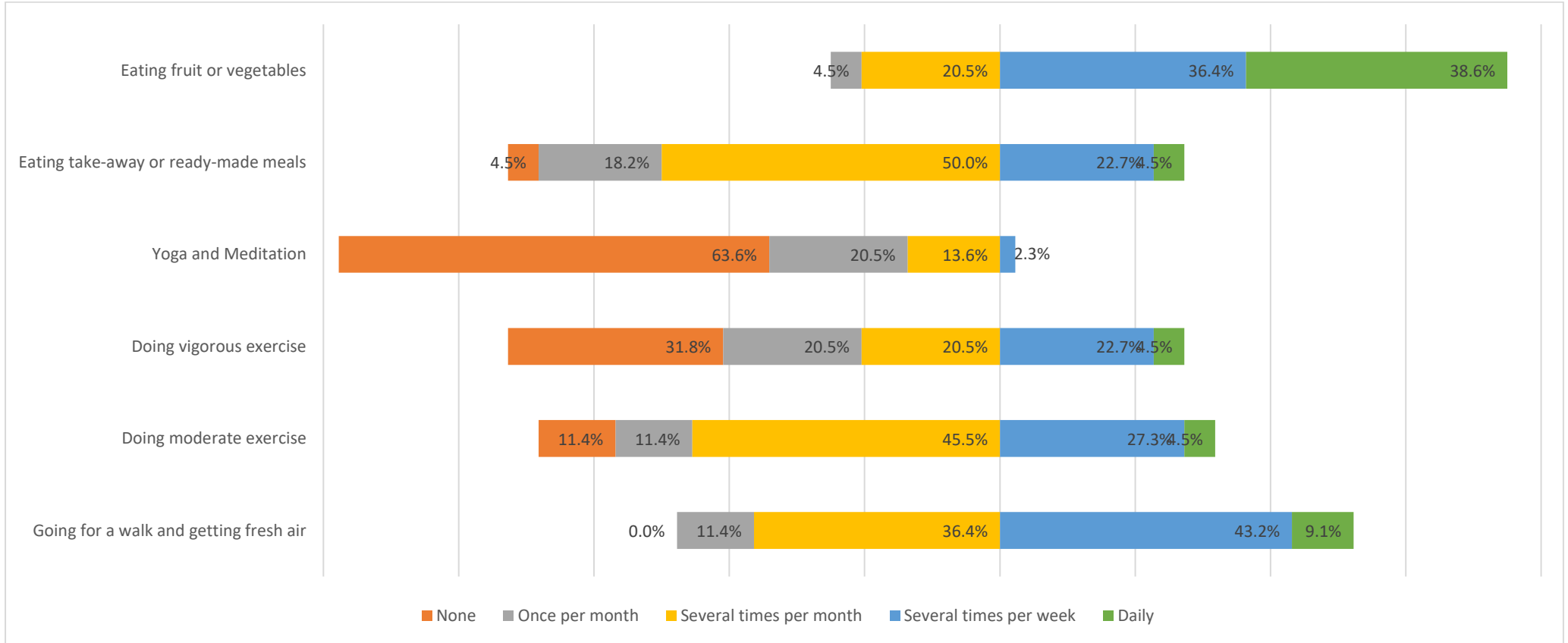
Diet & Exercise

In relation to diet and exercise, please rank the following based on the last 4 weeks.

CSTEM



ASTEM



Non-Scheme Trainees

